

Preface

This book is a collection of all the papers published in the special issue “Philosophy and Meaning in Life Vol. 5: Selected Papers from the Tohoku Conference,” *Journal of Philosophy of Life*, Vol.14, No.1, 2024, pp.1-53.

We held the Fifth International Conference on Philosophy and Meaning in Life online at Tohoku University, Sendai, Japan, on June 28–30, 2023. This conference was hosted by Tohoku University and supported by Japan Society for the Promotion of Science. We accepted about 50 presentations from around the world. Professor Frances Kamm and Dr. Aribiah David Attoe gave keynote lectures.

After the conference, we called for papers for publication from the speakers, and we accepted three papers for the special issue of the *Journal of Philosophy of Life*. We would like to give special thanks to the anonymous referees who kindly reviewed the submitted manuscripts. The accepted papers deal with a variety of topics, such as perfectionism, pessimism, and psychopathology, and they are all discussed from the perspective of the philosophy of life’s meaning.

In June 2023, we were still in the midst of the Covid-19 pandemic in Japan, so Professor Tatsuya Murayama, the chair of the conference, and supporting staff members decided to hold the conference online. It is through their devotion that we were able to hold the three–day meeting successfully. We had many participants from around the world and we had lively discussions online. I would like to sincerely thank them for their contributions.

As the editor-in-chief, I hope that readers will enjoy the stimulating papers in this volume.

Masahiro Morioka

Professor, Waseda University

Editor-in-chief, *Journal of Philosophy of Life*

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